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CLIENT PROFILE

Instructions: This is a Word form document. Please save this document to your hard drive then fill it out. Please write your answers in the right column then save the document and return it to coachrobin@leadershipandcareers.com as an e-mail attachment or fax it to (978) 527-0580.

Name:	
Date:	
How did you hear about my services? If you used Google – what key words did you use?	
If someone referred you, please let us know who:	
Your Mailing Address:	
Phone: (h)	
Phone: (c)	
Email address:	
Best Way to Reach You	Cell Phone Home Phone Email Text
Birthday: (mm/dd/yr)	
School/Grade	
Work Status/ Job Title: Full-Time, Part-Time, Self-Employed, Unemployed (if applicable).	
Parents' Names:	
Sibling's names/ages (if applicable):	
Relationship Status: In a steady relationship, not in a steady relationship (if applicable).	
Do you have an AD/HD Diagnosis? If yes, state the date and method of ADHD diagnosis.	Yes No
Current AD/HD medications: dose and frequency/effectiveness (if applicable)	

Current other psychiatric medications (if applicable):	
Medical Doctor/Pediatrician: Provide Name, Address & Phone No.	
Psychiatrist/Psychologist/Therapist: Provide Name, Address & Phone No.	
Other pertinent physical diagnoses or Family members with ADHD or other mental health diagnoses:	
Alternative therapies tried and/or currently using: i.e. vitamins, herbal supplements, acupuncture. Amount and frequency.	
Current Challenges: What are you dealing with right now that needs immediate attention?	
How does your AD/HD impact your life?	
STRENGTHS: What are your personal and academic strengths?	
GOALS: Have you discerned some goals for yourself for this year or the next 1 – 2 years?	
BLOCKS & BARRIERS: What stops you or makes it difficult for you to achieve or exceed your goals?	
PERSONAL VALUES: Our personal values are the very essence of who we are. What do you deeply and truly value?	
COACH EXPECTATIONS: What are your expectations of me as your coach?	
How will you and I know how effective our coaching has been?	

What questions should I be asking you that would help me better understand and help you?	
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